

Juice

Freshly Squeezed Orange or Pink Grapefruit

Crinnaughtaun Apple Juice

Tomato Juice

Cranberry Juice

Vegetable Juice

Yoghurt

Natural

Fruit

Low Fat

Fruit

Poached Prunes infused with Earl Grey and Citrus

Seasonal Fresh Fruit Salad

Grape, Pink Grapefruit and Orange Segments, Fresh Garden Mint

Warm Salad of Apricot, Prunes and Raisins with Banana and

Toasted Almonds

Cereals

Warm Macroom Stoneground Porridge Oats with Apple and Raisin

Compote

Muesli

Cornflakes, Weetabix, Rice Crispies, All Bran, Shredded Wheat,

Cheerios, Special K, Fruit and Fibre, Alpen

Breads

Homemade Brown Bread

Fruit Scones

Harrington's Bakery White Toast

Homemade Raspberry Jam & Connemara Whiskey Marmalade

Selection of Freshly Baked Danish Pastries

Fish

Grilled Market Fish of the Morning

Kenmare Smoked Salmon, Sautéed Potatoes, Chive Crème Fraiche

Smoked Haddock, Tomato and Watercress Tart, Poached Egg

Classic Irish Breakfast

Pork Sausage, Dry Cured Bacon,

Sneem Black Pudding, White Pudding, Tomato, Mushroom

Free Range Egg (Poached, Scrambled or Fried)

Eggs

Smoked Bacon and Parsley Hash Cake, Fried Free range Egg

Scrambled Eggs with Smoked Salmon

Boiled Egg with Toasted Soldiers

Eggs Florentine

Classic Eggs Benedict

Egg en Cocotte

Chorizo, Mushroom, Spinach, Brioche Croutons

Omelette

Your choice of Smoked Salmon, Aged Cheddar Cheese, Field Mushrooms,
Baked Ham, Tomato

American Style Pancakes

Seasonal Berries, Whipped Cream, Maple Syrup

Beverages

Selection of Teas, Coffees, Tisanes

Hot Chocolate

Iced Tea with Lemon and Mint